

Caring for You, Caring for Me

Caring for You, Caring for Me helps caregivers take better care of themselves, collaborate effectively with professional caregivers, and be the best advocate possible for their loved one. The CFY,CFM program provides education and support to caregivers over a series of (5) 1-hour sessions or (2) 3-hour sessions.

This program is FREE & open to all caregivers living in Western Illinois.



Education and Support for
Family & Professional Caregivers

A PROGRAM OF THE
ROSALYNN CARTER INSTITUTE
FOR CAREGIVING

Sat., Oct. 9th & 16th
9am– Noon
Over Zoom

OR

Tuesdays & Thursdays
November 9th-23rd
Noon-1pm
Over Zoom

For more information,
please contact:

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